

CADOGAN
CLINIC



Welcome to the Cadogan Clinic

A private hospital in the heart of Chelsea.

- 2 Ready for a change?
- 4 About us
- 6 Treatments
- 8 Cosmetic surgery
- 9 Non-surgical treatments
- 10 Dermatology
- 11 Mole check
- 14 Aftercare
- 15 Contact us
- 16 Find us

Ready for a change?

Sometimes, the way we look on the outside doesn't match the way we feel on the inside. Frown lines hide our sunny disposition. A tattoo from a lifetime ago doesn't reflect the person we are today. When you feel this way, it's time for a change.

Whether you're looking for something dramatic or barely noticeable, our treatments can make a big difference to your mindset.

At the Cadogan Clinic we are able to offer you:

- Cosmetic surgery to give you a body you feel more comfortable in
- Non-surgical cosmetic treatments to help you look and feel fresher
- Dermatology to ensure your skin is glowing and healthy



Unrivalled expertise...

We were founded in 2008 by Mr Bryan Mayou, a pioneering plastic surgeon best known for introducing liposuction to the UK. He now leads our team of hand-picked consultants, who are respected around the world for their published research and innovative ideas. The combination of skills in our team means we are able to offer a mix of treatments you won't find in any other clinic.

As well as having a deep understanding of our industry, we take time to understand you: your lifestyle, your questions, your aspirations. This way we can make sure you're happy with every part of your procedure, from the minute you walk into our clinic to the moment you see your results.

...and exceptional facilities

Our private clinic is based in the heart of London's Chelsea. Our interiors, designed by Nicky Haslam, help our visitors feel relaxed, comfortable, and completely at home. We have a private entrance, perfect for those who want to keep their visits discreet.

We are the only independent clinic in London to have a comprehensive aesthetics suite, fully-equipped treatment rooms and general anaesthetic theatres all in the same building. These facilities were purpose built to allow us to offer you the most advanced technologies and surgical techniques all under one roof.

Every part of our clinic is designed to suit our local and international visitors who expect the very best in private healthcare.



Dr Susan Mayou

Dr Mayou is a Consultant Dermatologist specialising in General, Paediatric and Cosmetic dermatology. She is co-founder of the British Cosmetic Dermatology Group, an Honorary Lecturer at Imperial College London and a Trustee of the British Skin Foundation.



Mr Bryan Mayou

Mr Mayou is the founder of the Cadogan Clinic and a senior plastic surgeon. Mr Mayou is best known for his pioneering work in liposuction and microvascular surgery. He introduced liposuction into the UK and remains the most experienced surgeon of his kind in the country.

Designed specifically to provide world-leading private healthcare, our treatment rooms host the best possible technology.



Feel comfortable, feel confident

We want you to feel great throughout your whole journey with us. That's why:

We start with you

Whatever treatment you choose, you'll always start with an appointment with a consultant. They'll listen to your aims, your concerns and expectations, and will help you choose the treatment path that's right for you.

We only work with the best

Our consultants are at the very peak of their professions. All are registered with the General Medical Council (GMC) and their own specialist registers, so you can feel confident you're in safe and trusted hands.



Cosmetic surgery: feel like yourself again

You may want your silhouette to be sleeker, or your facial features to be more defined. If so, surgery may be the best option for you. Some of the surgeries we offer are:

- Breast augmentation, reduction or lift
- Liposuction and fat transfer
- Buttock and thigh lift
- Face, jawl and neck lift
- Rhinoplasty, chin augmentation and ear reshaping
- Gynaecology, including pelvic floor repair and labiaplasty

Of course, surgery is a big step. But you can feel confident about yours: unlike many cosmetic surgery companies, we have a dedicated Medical Director and a Medical Advisory Committee who regularly audit our surgeons' procedures, making sure they're always to the highest standards.

Home the same day

We use a particular kind of anaesthetic that doesn't leave you feeling drowsy. This, combined with the skill of our surgeon and anaesthetist, means we can get you back home within the same day as your procedure. This approach means you're less likely to experience post-surgical infections and, of course, you'll spend less time away from work and family. We believe you'll be as delighted with your recovery as you are with your results.

As one of the first clinics to offer day surgery, we're among the most experienced providers in the country.

Non-surgical cosmetic treatments: feel fresher and freer

Whether you're looking for smoother cheeks or plumper lips, we can help. For skin that looks younger and fresher, talk to us about:

- Anti-ageing injections and fillers
- Non-surgical facelifts
- Prescriptive and chemical peels
- Laser treatments

We offer a complimentary VISIA skin analysis, to assess your skin's needs before commencing any treatment plan.

For full-body treatments that can help you feel good from head to toe, ask us about:

- Varicose and thread vein treatment
- Laser hair removal
- Tattoo removal
- Laser fat reduction

Our specialists will work with you to decide which treatments are right for you. We may recommend a single treatment, a combination or a course of treatments depending on your unique situation. Our goal is to give you the very best results and a big confidence boost.

Dermatology: feel happy and healthy

Skin conditions can seriously damage your confidence, and stop you living the life you want to live. Don't let them.

Our treatments can help a number of frustrating conditions, like acne, rosacea, eczema, psoriasis and more.

Our bespoke treatments can help combat bacteria and excess oil, synonymous with acne sufferers, while Dermapen can reduce scarring. Peels and laser treatments can help tackle issues such as pigmentation, giving you a clear and even skin tone. Whatever your skin concern, speak to our specialists, and we'll find the right treatment for you.



Access to our aftercare nursing team is free of charge for 12 months after your surgery.

Mole check: worry removed

Moles are usually harmless, but did you know that 3.5 million people are diagnosed with basal and squamous cell skin cancer in the UK each year? Melanoma is one of the most dangerous types, and according to Cancer.org it accounted for more than 73,000 cases of skin cancer in 2015.

We introduced The Mole Check facility at Cadogan Clinic in order to start diagnosing cancerous moles at the earliest possible stage.

We are the only clinic in London to have Mole Check approved by the British Skin Foundation.

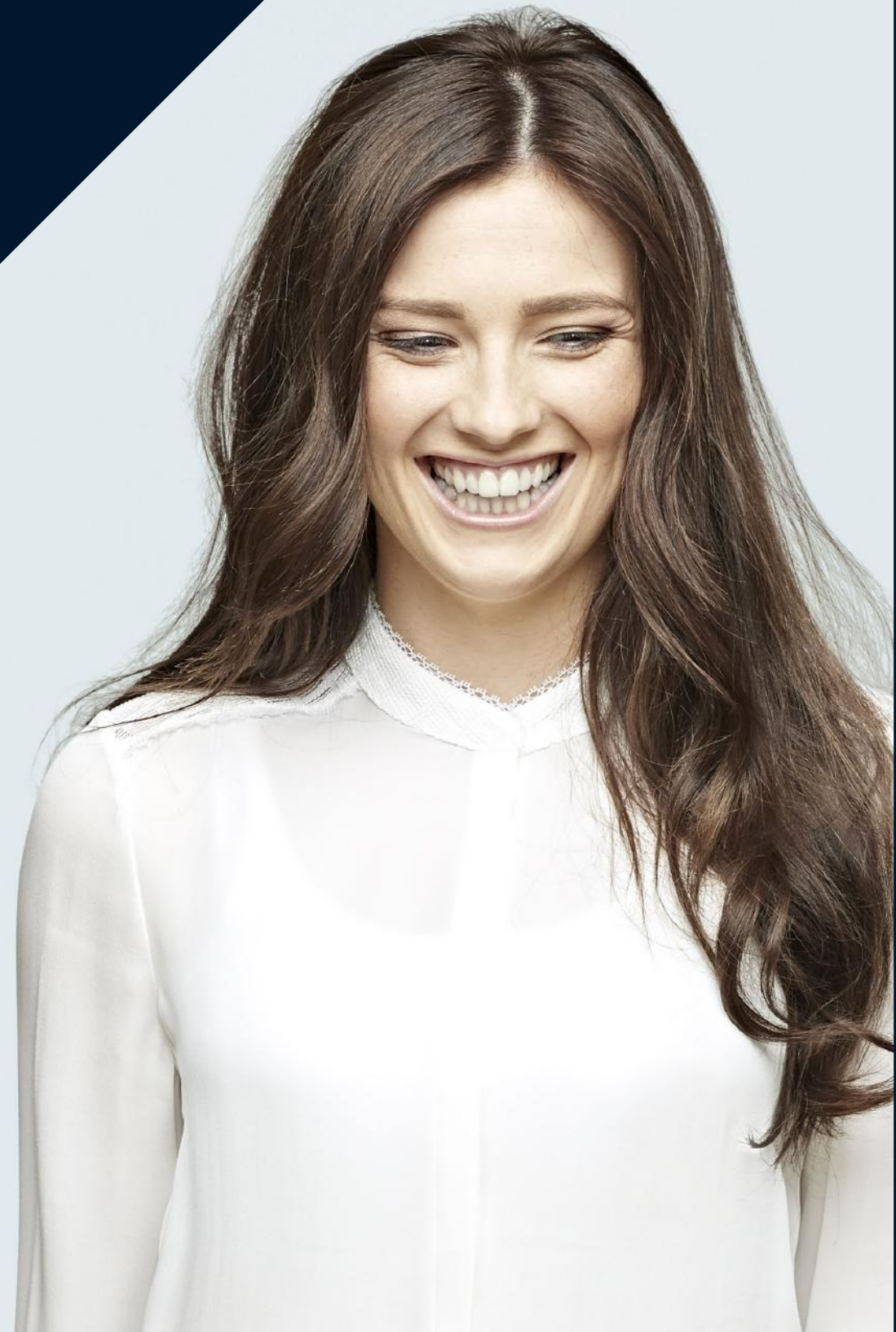
- **Mole Check:** Our consultant dermatologist will check your moles for any issues. Our is the only mole check in the UK that gives you results and advice within 24 hours – so you don't spend time waiting and worrying.
- **Mole mapping:** We create a digital map of all the moles on your body. This allows us to spot any changes over time, and catch any problems quickly.
- **Photodynamic therapy:** This non-surgical light therapy is the best option for some skin cancers, and leaves tissues around the cancer unharmed.
- **Mole removal:** If you need a mole removed, we may either use cryotherapy: a treatment that freezes small skin cancers, as well as warts and other benign lesions, or suggest Mohs surgery, where the cancer is removed layer by layer, allowing us to remove the minimum amount of healthy tissue.



Get in touch if your mole has changed in colour, shape, or size, or has become itchy, inflamed or painful. We'll deal with it on the spot.

I cannot recommend the Cadogan Clinic enough. The pre- and post-surgery care was superb. My surgeon did everything I asked for and is incredibly talented.

Miss LR, 38



Aftercare: with you every step of the way

If you choose to have surgery with us, you'll be in excellent hands. Surgery is always a big step. That's why, in the days and weeks following your procedure, we'll give you all the care and support you need.

Our complimentary aftercare programme offers you:

- Follow-up consultations with your consultants
- Regular care and advice from your nurse
- A procedure-related skin or body treatment to assist your recovery (a lymphatic massage or facial peel)
- An emergency contact number

You'll get this service at no extra cost for a full year. It means we can check that your recovery is going smoothly – and make sure you're feeling great. We can also talk to you about scar-minimising treatments too, if you need them.

Access to our aftercare nursing team is free of charge for a full 12 months after your surgery.



The Cadogan Clinic is situated on Sloane Street, in the heart of Chelsea.

Contact us

The Cadogan Clinic info@cadoganclinic.com
120 Sloane Street +44 (0)207 901 8500
London SW1X 9BW www.cadoganclinic.com

Instagram: cadoganclinic
Facebook: cadoganclinic
Twitter: @cadoganclinic



Find us

By tube

Piccadilly, Circle & District lines

By bus

We are well served by several central London bus routes.

Take the 11, 211, 319 or 360 to Sloane Square, or the C1, 19, 22, 137, or 452 to Sloane Street. Then it is a short walk to the clinic.

By car

Car parking is readily available for both resident (Kensington & Chelsea) & non-resident permit holders. Non-residents can choose from either the Cadogan Place (NCP) or plentiful meter parking available at Cadogan Gate, Cadogan Place and Pavilion Road.



cadoganclinic.com

**We're a private hospital in the heart of Chelsea,
with a team of specialists dedicated to providing
world-leading private healthcare.**